CLOSE TO HOME

Support stronger families and resilient communities



Are you ready to make a difference to relationships in your community?

Join our comprehensive workshop and digital learning module tailored for those in the voluntary and community sector. This suite of resources helps you to support local families by addressing the impact of poor-quality family relationships. healthier connections.

Poor-quality relationships can have long-term negative consequences, especially for children. By addressing these challenges, you have the power to build stronger, more supportive communities.



This program is designed for:

- Volunteers
- Community leaders and faith groups
- Youth and community organisations
- Professionals supporting families through commissioned services
- Anyone passionate about strengthening families and local connections

WHY IT MATTERS

When families thrive, communities flourish. This resource equips you to be a catalyst for positive change, championing stronger, more resilient relationships in the communities you serve.

Be the difference. Join us to support stronger families and build thriving local communities.

Our workshop and resource package will equip you to:



Understand the impact of relationships in communities

Explore how parental conflict and other family relationship difficulties affect children, families, and the wider community.



Access strategies & tools

Discover practical techniques to help families navigate conflict, manage stress, and improve communication.



Engage in meaningful community conversations

Learn how to foster open dialogue about family challenges, reducing stigma and encouraging constructive discussions.



Empower families

Help families recognise their role in creating a healthier home and community environment.



Engage hard-to-reach groups

Develop effective engagement approaches to engage communities who might be disengaged.

THEORY OF CHANGE:

Close to Home

GOAL:

To strengthens families and builds more resilient communities by equipping professionals and volunteers with the skills, tools, and knowledge to address family relationship challenges effectively.

INPUT:

- Digital module and workshops for professionals and volunteers.
- Practical tools for conflict resolution and communication strategies.



OUTPUTS

- Increased understanding among participants of how family relationships impact children and wider communities.
- Improved skills in conflict resolution and communication strategies.
- Enhanced ability to foster open and constructive dialogue about family challenges in communities.

ACTIVITIES:

Trained Participants

• Number of professionals, volunteers, and community leaders trained.

Community Engagement Sessions

• Number of sessions delivered in communities.

LONG TERM IMPACT

- Stronger, more resilient families leading to healthier community ecosystems.
- Reduction in the negative outcomes associated with poor-quality family relationships, particularly for children.
- A culture shift towards open dialogue and proactive relationship support within communities.

- Group workshops delivered by trained participants report improved communication and reduced conflict.
- Increased engagement with hard-to-reach groups within communities.
- Strengthened community networks addressing relational challenges collaboratively.